

I CAN DO THAT

FOSTERING SELF EFFICACY OF WRITERS

1ST OF OCTOBER 2017

OUT OF CHARACTER? ENOUGH IS ENOUGH
(CONFLICTS OF) ROLE IN PEER TUTORING
UNIVERSITÄT ZU KÖLN

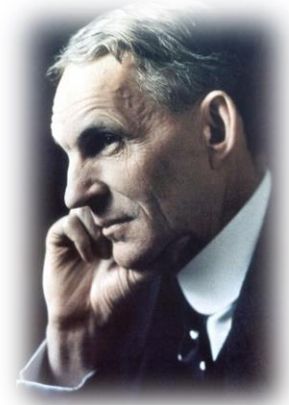
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"Whether you think that you can or you can't,
you're usually right."

- Henry Ford



Source:
www.fordfan.de/fordfacts/henryford

Which aspects of our counselling methods are especially relevant when it comes to foster self-efficacy of writers?

Content

- Self Efficacy Theory – Basic facts
- Factors of Self Efficacy
- Practical implementations – How to apply writing methods to foster Self Efficacy
 - Flashproposal
 - Mapping the text
 - Strength analysis



Self Efficacy Theory

Consequences inform
the performer



Behavior to achieve the goal



Positive Outcome

Behavior to avoid the goal



Negative Outcome

The **observation** of own actions informs the performer about the **consequences**. From these consequences a person can learn how to achieve or to avoid the goal in certain situations.

Factors of Self Efficacy

Measures for writing counselling

Direct Experience

- ✓ Plan short-term objectives

“I am convinced that in one day I can write one page of the first chapter without quitting.”

Vicarious Experience

- ✓ Promote learning through observation by group consultations

Verbal Persuasion

- ✓ Give feedback focusing on the writers abilities

“This text is very readable because you have structured the individual paragraphs well.”

Emotional Arousal

- ✓ Create a positive atmosphere emphasizing that writing is a learnable process

Practical implementation

Which aspects are especially relevant for our counselling methods to promote self-efficacy of writers?

Finding a focus – Flash proposal

- What is my topic?
- What do I want to know (core message)?
- Or show (research interest) or test (hypothesis)?
- Why is my research question relevant?
- How (with which method) do I want to achieve my results?

Self Efficacy factors

Direct Experience

Sense of achievement

Vicarious Experience

- ✓ Promote learning through observation by group consultations

Verbal Persuasion

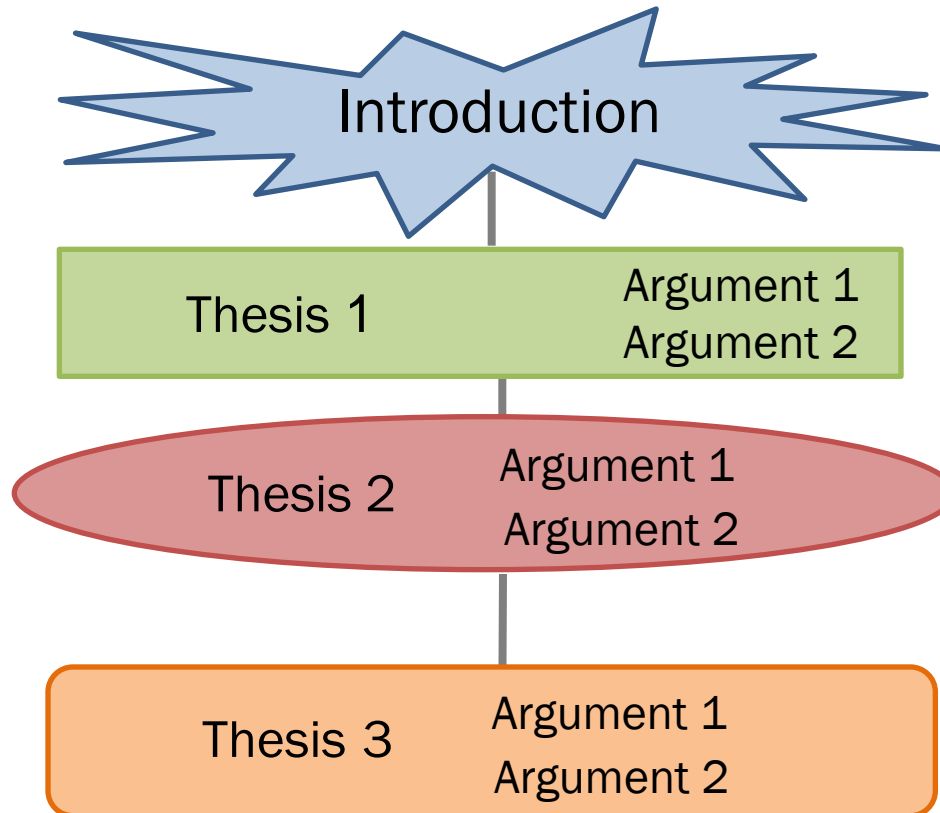
- ✓ Give feedback focusing on the writers abilities

Emotional Arousal

Success at the beginning of a stage → reduce fears

First draft – Mapping the text

Step 1: Mapping the text



Step 2: Textsprints

Self Efficacy factors

Direct Experience

Creating a map

Vicarious Experience

- ✓ Promote learning through observation by group consultations

Verbal Persuasion

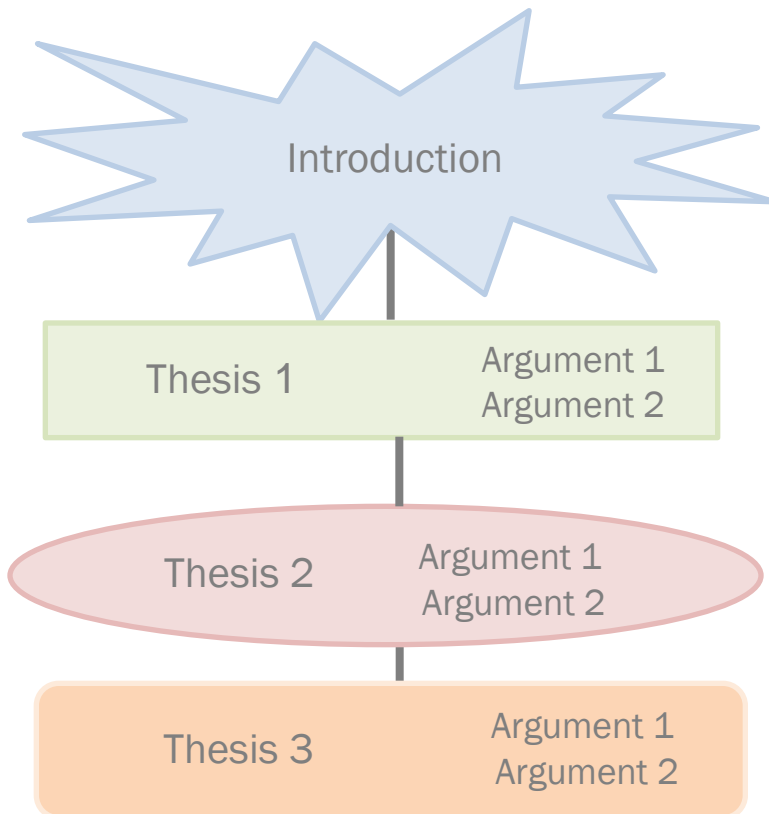
- ✓ Give feedback focusing on the writers abilities

Emotional Arousal

Cognitive concept
(following steps)

First draft – Mapping the text

Step 1: Mapping the text



Step 2: Textsprints

Gaudeamus igitur, iuvenes dum sumus; post iucundam iuventutem, post molestam senectutem nos habebit humus

Ubi sunt, qui ante nos in mundo fuere? Vadite ad superos, vadite ad inferos ubi iam fuere.

Vita nostra brevis est, brevi finietur. Venit mors velociter, rapit nos atrociter, nemini parcetur

Pereat tristitia, pereant osores, pareat diabolus, quivis anti burschius atque irrisores

Self Efficacy factors

Direct Experience

Producing a first draft

Vicarious Experience

- ✓ Promote learning through observation by group consultations

Verbal Persuasion

- ✓ Give feedback focusing on the writers abilities

Emotional Arousal

- ✓ Create a positive atmosphere emphasizing that writing is a learnable process

Editing– Strength analysis

"The good and understandable structuring of the paragraph shows that you have dealt sufficiently with the content of the topic and have really understood it."

Group counselling

Self Efficacy factors

Direct Experience

- ☑ Plan short-term objectives

Vicarious Experience

- ☑ Promote learning through observation by group consultations

Verbal Persuasion

Feedback
(respective abilities)

Emotional Arousal

- ☑ Create a positive atmosphere emphasizing that writing is a learnable process

Editing– Strength analysis

"The good and understandable structuring of the paragraph shows that you have dealt sufficiently with the content of the topic and have really understood it."

Group setting

Self Efficacy factors

Direct Experience

- ☑ Plan short-term objectives

Vicarious Experience

Social comparison

Verbal Persuasion

- ☑ Give feedback focusing on the writers abilities

Emotional Arousal

- ☑ Create a positive atmosphere emphasizing that writing is a learnable process

Which aspects of our counselling methods are especially relevant when it comes to promoting self-efficacy?

- Emphasize the usefulness of the methods → encourage writers that they can successfully carry them out with their own abilities.
- Writing a paper can be learned through practice
- Sense of achievement → set and succeed short-term goals

Direct Experience

Vicarious Experience

**We as peer-tutors can foster self-efficacy of
writers
through conscious actions!**

Verbal Persuasion

Emotional Arousal

References

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